



The New Financial Crisis Report II

Written and Edited by David Masao Miyoshi



Reporting What's Really Happening in America and the World

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“There is no limit to the amount of good you can do if you don’t care who gets the credit.” Ronald Reagan



Here are some quick observations of the events that transpired in January 2026. I hope you find them informative and edifying.

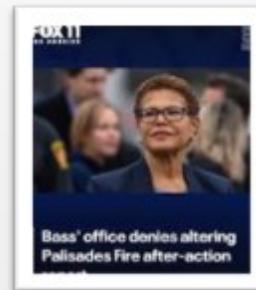
D. Miyoshi



February 1, 2026, Spanish tennis star Carlos Alcaraz made

history at the Australian Open, becoming the youngest player ever to complete a career Grand Slam after defeating Novak Djokovic in a highly anticipated final. At just 22 years old, Alcaraz now joins the sport’s most elite company, capturing titles at all four major tournaments: the Australian Open, French Open, Wimbledon, and U.S. Open; Alcaraz’s victory marks a generational shift in men’s tennis. Long seen as the heir apparent to

the Big Three era, he delivered a commanding performance against Djokovic, whose dominance in Melbourne has defined the tournament for more than a decade. The match showcased Alcaraz’s trademark blend of speed, creativity, and relentless pressure—qualities that have propelled him to the top of the sport at a remarkably young age; Tennis analysts are already calling this milestone one of the most significant achievements of the modern era. Completing a career Grand Slam is rare; doing so before age 23 is unprecedented. For many fans, the moment symbolizes the arrival of a new global superstar whose impact may shape the next decade of the sport; Alcaraz’s win also energizes the broader tennis world, signaling a competitive landscape no longer defined by a single dominant figure but by a rising generation ready to take center stage.



February 4, 2026, Mayor Karen Bass is under renewed scrutiny after a report alleged she pushed to soften an after-action review of the 2025 Palisades Fire to protect her public

image. The claims, first raised in a Los Angeles Times investigation, center on whether Bass influenced edits that removed or diluted criticism of the city’s wildfire response. Sources cited in the report said Bass expressed concerns about legal exposure and asked then-interim Fire Chief Ronnie Villanueva to revise the draft. The final version released months later was noticeably less critical. Bass has denied directing any changes, insisting she only sought factual accuracy and never altered

We are in the most economically unstable and socially tumultuous period in the history of the modern world. The period covered by the previous Financial Crisis Report was marked by extreme fluctuations in the stock, commodities, and currency markets accompanied by severe and sometimes violent and deadly social disruptions, including historic pandemics, conflicts, riots, and even regime-changing coups. This new Financial Crisis Report II covers the period that begins with the advent of the 47th president of the United States, who augured in the hope of a new America that promises justice for all through strength and the elimination of corruption. This is symbolized by the crest with the scales of justice balanced on a sword that replaces the photo of the writer. The writer believes this is an unprecedented opportunity for the financially astute investor, given the extreme global trade imbalances and distortions in the stock, commodity, and currency markets that will occur as America strengthens economically and militarily. The Financial Crisis Report II is a free compilation of the opinions of David M. Miyoshi, and of those advisors, he subscribes to (with appropriate credits given) on how to benefit during this historic crisis. The writer receives no compensation from advisors whose articles or ideas may appear in this Report II which is issued primarily for CRITICISM, COMMENTARY AND EDUCATIONAL PURPOSES. The reader is welcome to check on all sources of information mentioned herein. Because this writer’s and other advisors’ opinions and observations are provided herein without charge, the reader is asked to make his/her judgment on the contents. The writer believes the articles presented are honest and sincere empirical observations of what he believes to be the truth. The writer is not perfect, but his north star is the belief that there is truth.

Observations

the report herself. The controversy has intensified political tensions in Los Angeles, raising questions about transparency and accountability in the city’s emergency response. It has also revived speculation about future mayoral challengers, as critics seize on the episode to question Bass’s leadership.



February 8, 2026, The Seattle Seahawks captured Super Bowl LX with a commanding 29–13 victory over the New England Patriots in Santa Clara. Seattle’s top-ranked defense set the tone, sacking Drake Maye six times and forcing three turnovers,

including a 45-yard pick-six by Uchenna Nwosu; Running back Kenneth Walker III powered the offense with 161 total yards and became the first RB this century to win Super Bowl MVP. Kicker Jason Myers added five field goals as Seattle controlled the game wire-to-wire; The win marks the Seahawks’ second championship and a full-circle redemption 11 years after their Super Bowl XLIX loss to New England.



February 8, 2026, Japan Prime Minister Sanae Takaichi called a snap general election only a few months after taking office, seeking a fresh mandate for her economic and security agenda; The election was framed as a high-stakes gamble and

a referendum on her leadership, aimed at strengthening her position to pursue tax cuts, expanded military spending, and broader conservative reforms; Her Liberal Democratic Party (LDP) and coalition partners won a landslide victory, securing a supermajority in the 465-seat lower house—well above the 310 seats needed to override the upper house; This was described as a historic win, with projections of up to 328 seats for the LDP alone.



February 9, 2026, Prince Andrew Faces New Scrutiny Over Epstein Emails; Freshly unsealed U.S. Justice Department documents show that Prince Andrew forwarded internal U.K. trade reports to Jeffrey Epstein in 2010 while serving as the U.K.’s Special Representative for Trade and Investment. The emails included details about official trips and investment opportunities. British authorities say they are reviewing the disclosures, which have sparked renewed concern within the royal family and intensified public scrutiny following the broader release of the “Epstein files.”

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February 8, 2026, former downhill gold medalist Lindsey Vonn crashed just 13–14 seconds into the women’s downhill final at the 2026 Winter Olympics; She lost control after clipping a gate with her right shoulder and tumbled down the slope before coming to a stop on her back; Her screams were audible as medics reached her, and she required extended on-slope treatment; She was airlifted from the course by helicopter—her second helicopter evacuation in nine days; Vonn was already racing with a fully ruptured ACL in her left knee, an injury she sustained nine days earlier but chose to compete with; The crash caused a broken leg, which was confirmed as the primary new injury.; She underwent surgery shortly after the crash to repair the fracture and was reported to be in stable condition afterward; The incident ended her attempted comeback after returning from retirement to compete in one final Olympics.

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February 14, 2026, a coordinated announcement from five European Governments concluding Alexei Navalny was poisoned with a rare toxin has reignited global scrutiny of the death of the Russian opposition leader, nearly two years after he died in a remote Arctic penal colony; Officials from Germany, France, the United King-



Observations

dom, Sweden, and the Netherlands confirmed that independent forensic laboratories detected epibatidine—a highly potent neurotoxin originally identified in South American dart frogs—in biological samples taken from Navalny’s remains. The toxin, which can be synthesized in laboratories, causes rapid paralysis and respiratory failure; the findings directly contradict the Russian government’s longstanding claim that Navalny died of natural causes while serving a 19-year sentence in the Polar Wolf prison colony. Moscow dismissed the new evidence as “politically motivated,” but European leaders described the results as conclusive and said the poisoning could only have been carried out with state involvement; Navalny’s family welcomed the announcement. His mother said the forensic results “finally confirm what we have known from the beginning,” while human rights organizations renewed calls for an international investigation, arguing that Russian authorities have obstructed transparency since the day of his death; the coordinated release marks the most definitive public attribution to date and is expected to increase diplomatic pressure on Moscow. Western governments are now weighing additional measures, while Russian officials continue to deny responsibility.



February 19, 2026, Amazon officially

claimed the title of the world’s largest company by annual revenue, ending Walmart’s 13-year run at the top. The tech and retail giant reported \$717 billion in sales for 2025, edging past Walmart’s \$713.2 billion for the fiscal year ending January 31. Amazon’s rise is powered in large part by the continued strength of Amazon Web Services, which has become a major driver of the company’s revenue growth. This shift marks a significant moment in global retail and technology leadership, positioning Amazon to take the No. 1 spot on upcoming global rankings.



February 19, 2026, on his 66th birthday, Andrew Windsor, formerly known as Prince Andrew, was arrested marking one of the most dramatic turns in modern royal history. Thames

Valley Police confirmed that he was taken into custody at the Sandringham Estate on suspicion of misconduct in public office, following the release of millions of pages of documents related to Jeffrey Epstein; The arrest stems from allegations that emerged in newly unsealed Epstein files, prompting investigators to examine whether Andrew may have shared confidential government information during his time as a UK trade envoy. The inquiry also revisits long-standing scrutiny of his association with Epstein, which has shadowed the royal family for years; Police arrived at Wood Farm on the Sandringham Estate early in the morning, with unmarked vehicles and plain-clothes officers seen gathering outside the residence. Andrew was transported into custody for questioning as part of the ongoing investigation; His arrest is historically significant: Andrew is the first senior British royal to be arrested in nearly four centuries, the last being King Charles I. The development underscores the gravity of the allegations and the unprecedented nature of the legal process now unfolding; As the investigation continues, Buckingham Palace has not issued a detailed public statement, but the arrest has intensified public debate about accountability, privilege, and the future of the monarchy.



February 20, 2026, The Supreme Court ruled 6–3 that President Trump exceeded his authority when he imposed broad “reciprocal” tariffs under the International Emergency Economic Powers Act. The majority held

that the 1977 law does not permit presidents to use emergency powers to unilaterally reshape global trade policy. The decision invalidates tariffs enacted under IEEPA but leaves others intact, marking a significant curb on executive authority. Trump sharply criticized the ruling and signaled he will seek alternative paths to pursue his trade agenda.



February 20, 2026, in a stunning move that electrified the disclosure community, President Donald Trump ordered the Pentagon to begin releasing long-guarded UFO files; The directive commands Defense Secretary Pete Hegseth and top agencies to identify and disclose materials related



Observations

to UFOs and any information tied to extraterrestrial life; The announcement hit like a jolt. For decades, whispers of hidden programs and classified sightings have fueled speculation, but no president has pushed for transparency this directly. Now, with Trump’s order, long-sealed archives may finally see daylight; What will emerge — routine military reports or something far more explosive — remains unknown. But one thing is clear: the U.S. government has just taken its most dramatic step yet toward revealing what it knows about the phenomena in our skies.



February 21, 2026, Trump announced that he would raise global tariffs from 10% to 15%, effective immediately, in response to a Supreme Court decision the previous day that struck down his earlier tariff actions.

The announcement was made on Truth Social, and while he claimed immediate effect, some reporting noted uncertainty about formal implementation documents.



February 22, 2026, Mexico was shaken by the death of Nemesio “El Mencho” Oseguera Cervantes, the elusive and powerful leader of the Jalisco New Generation Cartel (CJNG). Killed during a Mexican military operation in Tapalpa, Jalisco, El Mencho succumbed to his wounds while being

transported to Mexico City. His death—one of the most significant cartel takedowns in a decade—triggered immediate and widespread retaliation. Vehicles were torched, roads blocked, and violence erupted across multiple states, prompting travel warnings and heightened security measures. Authorities have since deployed thousands of troops as Mexico braces for continued unrest.



February 24, 2026, President Donald Trump delivered the longest State of the Un-

ion address in modern history, using the nearly two-hour speech to tout what he called a national “turnaround,” highlight American achievements, and sharply criticize Democratic lawmakers; Accolades for Olympic Athletes and Heroic Americans; Trump honored several distinguished guests in the House gallery, including the gold medal-winning U.S. men’s hockey team, who received a bipartisan standing ovation. He also presented Medals of Honor and Purple Hearts to servicemembers and recognized individuals for acts of bravery and service; Although the women’s hockey team declined his invitation due to prior commitments, Trump publicly praised both the men’s and women’s teams for their historic Olympic victories, noting their achievements as emblematic of American excellence; Criticisms of Democrats; hroughout the address, Trump took aim at Democratic lawmakers, who largely remained silent during Republican applause lines. Some Democrats vocally pushed back, especially during sections on immigration and fraud. Trump responded sharply, at one point calling Democrats “crazy” amid interruptions and walkouts; Democrats countered with their own events and an official response from Virginia Gov. Abigail Spanberger, who accused Trump of misleading the public and failing to address affordability issues facing Americans.



February 26, 2026, Former UK ambassador to the United States Peter Mandelson was arrested in London, as part of an expanding investigation into whether he shared mar-

ket-sensitive government information with Jeffrey Epstein during his time as a senior minister. Police detained the 72-year-old on suspicion of misconduct in public office, following search warrants executed at multiple properties. He was later released on bail pending further inquiry. Newly released Epstein-related documents appear to show Mandelson providing advance notice of major financial policy decisions—including a €500 billion eurozone bailout—and sharing internal

Conspiracies Theories

government communications during the 2009–2010 financial crisis. Mandelson, who was dismissed as UK ambassador in 2025 over his ties to Epstein, has denied wrongdoing but previously apologized for maintaining contact with Epstein after his 2008 conviction.

libraries to compete more aggressively with Disney, Netflix, and Amazon. A detailed integration roadmap is expected during Paramount’s investor call on March 2, 2026, marking the start of a new era of large-scale media consolidation.



February 27, 2026, Hillary Clinton's closed-door deposition before the House Oversight Committee ground to a halt after Representative Lauren Boebert snapped a photograph

of Clinton and her attorneys during the private session. The image quickly circulated on social media, purportedly leaked to MAGA influencer Benny Johnson, and the proceedings were paused while officials determined who violated House rules; The deposition, held at the Chappaqua Performing Arts Center near the Clintons' home in Westchester County, New York, resumed within an hour. But the disruption became a sideshow to what should have been the main event: a former secretary of state answering questions about her connections to Jeffrey Epstein's sex trafficking network; Congressional rules strictly prohibit lawmakers or witnesses from taking pictures inside closed-door testimony. A Clinton spokesman told the Daily Mail the hearing was paused "briefly while they figure out where the photo came from and why, possibly, members of Congress are violating House rules."



Dictionary Definition of a Conspiracy Theory: A theory that seeks to explain a disputed case or matter as a plot by a secret group or alliance, rather than an individual or isolated act. “

In my attempt to uncover and publish the truth, as I see it, I am often labeled a “conspiracy theorist.” So, I decided to subscribe to

a publication that covers conspiracy theories called



February 27, 2026, Paramount Skydance’s all-cash deal to acquire Warner Bros Discovery, closed out months of bidding drama and created one of the largest entertainment

companies in modern Hollywood. The agreement valued WBD at \$31 per share and included a \$2.8 billion breakup fee to Netflix, whose earlier merger pact was overtaken by Paramount’s superior offer. The combined studio aims to reassert theatrical releases—with a commitment to 30 films a year and a 45-day window—while unifying two of the industry’s deepest content



This publication features articles written by authors who have been vetted for their expertise in the subject they cover. The author’s name appears under the title

Conspiracies Theories

of their article. The authors claim that what they write about are facts the government does not want you to know. We should note that the term “conspiracy theory” was originally employed by the CIA to describe alternate explanations that diverged from official accounts of the government. Recently, RFK Jr. said the term is now used to discredit individuals or discourage critical thinking. Or, in other words, to prevent one from seeking the facts.

From time to time, I will provide selected articles from the Conspiracy Report that I believe are true. Some articles have been shortened for brevity. I hope you find them interesting, if not edifying.

D. Miyoshi



We, who are patients, who rely upon the knowledge, skill and bona fides of our physicians, are at their mercy—assuming they have any.

Many doctors, when newly licensed to practice, start out by reciting the Hippocratic Oath.

Here’s a relevant part of it: ‘*With regard to healing the sick, I will devise and order for them the best diet, according to my judgment and means; and I will take care that they suffer no hurt or damage.*’

Of course, that sounds great in theory, but the fact that there are

rich lawyers who prosecute medical malpractice cases indicates that sometimes the medicos fall short of the promise.

But malpractice isn’t malfeasance usually, it’s a screw up.

There are a few other doctors however, that obviously didn’t get the memo about that Hippocratic Oath, and even if they did, didn’t pay any attention to it. These are the few that *intentionally* damage or kill their patients. These are the real Doctor Dooms. These are the members of the medical profession that have a murder obsession, and let’s take a look at some ‘blood samples’ from these scoundrels with a scalpel.

Certain German doctors in history have garnered rather bad reputations. Keeping up with the tradition, in April, 2025, an as of yet unnamed German physician was charged with murdering fifteen patients.

From the BBC News website, we learn ‘*He is accused of administering an anaesthetic and a muscle relaxant to his patients without their knowledge or consent. The relaxant "paralysed the respiratory muscles, leading to respiratory arrest and death within minutes", the prosecutor's office said in a statement.*’ [1]

In five of the cases, he allegedly set fire to the apartments of his victims to cover up his crimes.[2]

On the other side of the Atlantic, twenty-five years ago, we have Dr. Michael Swango, a then forty-five-year-old New York physician who was sentenced to life imprisonment for murdering three patients, but was sought to have racked up a total of sixty patients who died under his care.

In a 2000 *British Medical Journal* article, it seems that Swango didn’t have the best of reputations as a doctor. ‘*Swango is thought to have first started killing patients when he was a medical student at Southern Illinois University. After five patients under his care died mysteriously, he became known as “Double-O Swango—licensed to kill.*’ [3]

Conspiracies Theories

Keeping the British end up in the year before that Swango was sent to a gated community, Dr. Harold Shipman was on trial for killing fifteen of his patients. In the *British Medical Journal* reporting on the case, it was revealed from the prosecutor that *'the defendant killed those 15 patients because, in the submission of the prosecution, he enjoyed doing so. He was exercising the ultimate power of controlling life and death and repeated the act so often he must have found the drama of taking life to his taste.'* [4]

Back to the United States; to the State of New York, County of Nassau, where physician Dr. George Blatti in 2021, at the age of seventy-five was arraigned for the murder of five patients.

The Drug Enforcement Agency, on its website, reported that the prosecutor in her accusation stated *'We allege that Dr. Blatti showed depraved indifference to human life, total disregarded for the law, his ethical obligations, and the pleas of his patients and their family members when he prescribed massive quantities of dangerous drugs to victims in the throes of addiction, ultimately killing five patients who entrusted him with their care.'* [5]

In 2024, Blatti received up to fifteen years in prison, pursuant to a plea bargain in which he admitted to *'five counts of Manslaughter in the Second Degree.'* [6]

In his 2007 article in the *Australasian Journal of Psychiatry*, discussing this phenomenon of 'clincicide,' murder by doctors, author Robert Kaplan stated, *'Many clinicidal doctors have extreme narcissistic personalities, a grandiose view of their own capability and inability to accept that they could be criticized or need assistance from other doctors. Such doctors develop a God-complex, getting a vicarious thrill out of ending suffering and by determining when a person dies.'* [7]

WHY YOU SHOULD CARE

We, who are patients, who rely upon the knowledge, skill and bona fides of our physicians, are at their mercy—assuming they

have any.

We trust them, at least to some degree, and assume that what they prescribe for us, what they mandate should be the medical treatment we need, is correct and life supporting—not *fatal*.

It is no secret that the pharmaceutical industry promotes drugs that in one aspect will cure or assist in the cure of one disease, but anyone who has seen a drug commercial knows that at least half of the advertisement quickly details a plethora of side effects, some of which might be fatal.

But that is not an intentional harming by any means it is the disclosure to the patient of the inherent potential dangers of a prescribed treatment—one prescribed in good faith by a physician who has the intent to heal.

An altogether different thing is where there is malice in the medical professional, and he uses his knowledge and training to harm or kill his patients—decidedly on purpose.

Medicine is a licensed and restricted profession, with many privileges appurtenant to having that license. They are authorized to cut us up, they are allowed to prescribe to us what in certain incidences may be accidentally fatal to us, and in other instances will be intentionally fatal.

They have literally been given the power of life and death over their patients, and the patient who doesn't have the requisite medical knowledge — almost all of them — endows the physician with their trust, and from the treatments are given hope of a cure, or of at least a palliative result.

However, the more it is publicized about the prosecution of maniac medicos who use their knowledge and their licensed privilege to intentionally murder their patients, the less trust there will be in the profession, and those who practice it.



Conspiracies Theories

their right minds, but sometimes the bon voyage isn't all that bon.

Space travelers can develop problems, 'specifically, symptoms of emotional dysregulation, cognitive dysfunction, disruption of sleep-wake rhythms, visual phenomena and significant changes in body weight, along with morphological brain changes, are some of the most frequently reported occurrences during space missions.'

Some of those changes referenced above can cause illusions and hallucinations, which are definitely risk factors to the successful completion of a mission.[1]

There is perhaps no greater opportunity to feel alone, in the larger sense at least, than to be in outer space, away from your planet, your country, your home and your family. It can be, especially on an extended trip, a significant stressor.

'The prolonged isolation and confinement that astronauts face in space can increase risks of behavioral issues and psychiatric disorders, such as anxiety and depression.'[2]

Anxiety and depression besides potentially leading to long term negative physical effects, can lead to difficulties which might cause a space mission to fail, not due to technological malfunctions, but human mental ones.

Relationships with the other crew members may be negatively impacted.

Astronaut efficiency can be impacted, and in a scenario where certain things must be performed at certain precise times to support the mission, tardiness and procrastination can prove fatal to a space mission.[3]

Prolonged depression can cause physical changes in the brain of the astronaut—it can shrink it.

'One of the most common changes seen in a depressed patient's brain is shrinkage, especially in the hippocampus, thalamus, frontal cortex, and prefrontal cortex.'[4]

The hippocampus is involved with memory and spatial navigation; rather important to be in good shape for an astronaut. The thalamus plays a significant role in sleep, consciousness and

alertness, among other functions.

The frontal cortex is responsible for higher level cognitive processes that are mission critical, planning, decision making and problem solving. The pre-frontal cortex, among other functions effects social relations, planning and the regulation of emotions.

One can imagine if all of these areas experienced the profound negative effects of shrinkage in gray matter volume on a space mission.

One need not imagine what can happen to an astronaut who has experienced all of the space stressors for a prolonged period, because we have an example in Lisa Nowak.

She graduated from the Naval Academy, had a degree in aeronautical engineering, and flew on the Space Shuttle. She also was charged with assault, burglary and attempted kidnapping involving another woman who was her rival for the attentions of a former lover.[5]

She received a year of probation and of course was tossed out of the space program.

Sometimes, it's not the trip out into space that can make you crazy, it's the return to earth, where things become both literally and figuratively mundane, when compared to the adventures of space exploration.

Buzz Aldrin, famous for being the second man on the moon, had a hard time after the glory moon days. He struggled with alcohol and depression. He went from pacing around on the moon, to walking the lot at a Cadillac dealership just a few years after receiving the Presidential Medal of Freedom.[6]

Now, we are thinking about sending men to Mars; a long and strange trip that will be. The increased time in space, the increased exposure to radiation, the increased likelihood of a one-way trip with a very hard landing all significantly ups the ante with respect to mental health risks for the astronauts.

'A typical round trip to Mars will last about three years, meaning that astronauts will be confined to a small space with a group of people for an extremely long time, with no possibility to conduct real-time discussions with Earth teams, family and friends.'[7]





Interesting Facts

WHY YOU SHOULD CARE

Space programs are expensive, and much of the money comes from taxes which means much of the money comes from your pocket.

Many think that Moon trips and Mars trips and the like are just bright shiny objects to distract those of us on earth from the real problems we have, the real solutions we need, and how our tax money can be of more service to us on terra firma.

Do we need to spend billions of dollars so that a few astronauts can get a photo op on Mars, assuming they survive the trip, assuming they don't go bat shit crazy during the long voyage and either kill each other or wreck the space capsule?

How have we socially benefitted from the space program?

Of course, there were technological innovations and benefits, but are our communities safer, our laws more just, our job opportunities better because nations have repeatedly sent a rather large reaction thrust phallic symbol out into space?

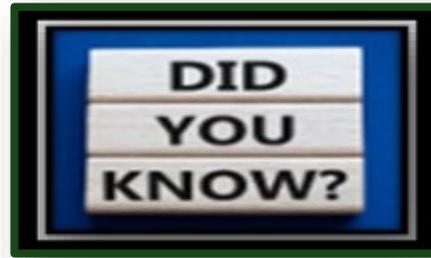
Did moon rocks cure cancer?

Assuming for the sake of argument, that we will be able to technologically achieve a manned mission to Mars, there is no way of knowing whether or not we can have humans who may physiologically and psychologically survive the mission—even one way.

We could find ourselves spending billions of dollars to launch a craft to Mars, only to have created a small rocket powered padded cell for a group of insane high-flying fruitcakes, made crazy because of the environment, the pressures, and the risks.

Obviously none of us want those with the 'right stuff' to turn into the wrong stuff, and obviously we should realize that such an occurrence on a Mars mission, or any long duration space project could do just that—our tax dollars could fund the future insanity of our astronauts.

With extended extra-planetary missions, it might not be space that is the final frontier for our voyagers, but mental illness.

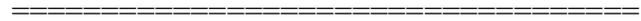


Here are some interesting facts taken from the Publications' Interesting Facts and History Facts.



I thought they were thought-provoking and wanted to share them with you.

D. Miyoshi



6 Easy Tricks To Make Your Food Taste Better

Side note: Japanese dishes are usually small in portion and this article helps explain why they are tasty

Food & Drink



Interesting Facts



We tend to think of taste as something that simply happens on our tongues, but it's a surprisingly complex experience. Much of what we perceive as taste is processed in the brain; our senses, habits, and even the utensils and dishes we use can all influence how we perceive taste. This means you don't need to restock your pantry or overhaul your kitchen tools to boost your food's flavor. With just a few simple adjustments, you can bring out the best in the foods you already love. Here are some simple tips that can help enhance the taste of your food.



Some Foods Taste Better at Room Temperature

Studies have found that temperature plays a surprisingly crucial role in how we perceive flavor. Some foods, for instance, really do taste better at room tem-

perature, around 68 to 74 degrees Fahrenheit.

The science behind the correlation between temperature and taste isn't fully understood, but researchers do have some theories. Receptors such as TRPM5, a protein found in the taste buds, become more active at warmer temperatures — although if food gets too hot, the subsequent burning sensation may overwhelm taste.

Similarly, extremely cold temperatures may dull our perception of certain tastes and textures such as sweetness or creaminess. Ice cream, for instance, is just cold enough to be pleasantly sweet without freezing our taste buds, but when melted, it can become almost sickly sweet.

Taste is also impacted by flavor compound concentrations (the amount of specific taste molecules present in a food or beverage), which part of the tongue is stimulated, and aromas, which are less potent in chilled foods.

Because of this, many foods taste best at room temperature. Cheese, especially soft varieties such as brie, should be at room temperature for best consistency and flavor, otherwise they can taste a bit bland. Cured meats, too, take on a richer flavor when their fat content is allowed to soften at room temperature. Of course, don't forget to be mindful of food safety — the FDA doesn't recommend letting perishable food sit out for more than two hours at a time.

Interesting Facts



Cups and Cutlery Make a Difference

Unless you're hosting a dinner party, you may not give much thought to what you're eating with or drinking out of, but the cutlery and cups you use can impact how your meal tastes. But resist the urge to pull out the fancy old-fashioned silver flatware; silver can sometimes react with food and impart a mild metallic taste. In fact, the — ahem — gold standard for a pleasant eating experience is using utensils made of the very inert (aka chemically inactive) gold, but the tried and true stainless steel is also quite neutral. Both can ensure you're tasting the best possible version of your meal — minus the taste of the tools you use to eat it.

And as it turns out, sticklers about using the proper wine glass are right: Glasses are carefully designed to enhance aroma and flavor. Red wine glasses usually have a larger, rounder bowl to allow more room for swirling and let in more air, which helps soften tannins — the naturally astringent compounds found in grape skins, seeds, and stems. This also releases more aroma, and as we know, aroma is closely tied to taste. On the other hand, white wines tend to have more delicate aromas, so the more narrow bowl helps preserve those while also keeping the temperature cooler, which is optimal for white wines.



Variety Keeps Your Taste Buds on Their Toes

You may have noticed that when you've eaten enough to feel sufficiently full, you still crave a little something extra — often, something sweet. This is thanks to a phenomenon known as sensory-specific satiety. As we consume more of a particular dish, our response to that flavor diminishes, making that food less appealing. But this isn't usually the case for a secondary flavor, which is why after you've had your fill of pasta, you may still be craving a slice of cake.

One 2025 study suggests we crave the dopamine-driven reward response of sugary desserts, which hijacks our internal satiety indicators and overrides our fullness. Some researchers suggest this is an evolutionary adaptation, one that once ensured our ancestors ingested adequate calories and nutrients from different foods. It explains why even when a person tires of eating plain french fries, they may happily eat more if offered some ketchup to dip them in. This need for variety may also explain why many of us enjoy charcuterie boards and other such dishes that offer us a range of foods to pick and choose from.

Interesting Facts



Let Leftovers Linger

You're not imagining it — some foods really do taste better the next day. Dishes such as chillies, curries, and stews — ones rich in aromatics such as onion, garlic, or herbs — often develop deeper, richer flavors after sitting in the fridge overnight. That's because cooling and reheating gives certain ingredients time to mingle. The chemical reactions that begin during the cooking process don't just stop once the heat turns off; they slow down and evolve. As the food rests, flavors from the various spices, fats, and proteins continue to blend, often making for a more well-rounded flavor over time.

In meat-based dishes specifically, collagen continues to break down into flavor-holding gelatin that gets redistributed throughout the dish. When making rich, seasoned sauces, spices including black pepper, cloves, and nutmeg dissolve best in fats such as oil, cream, or coconut milk, so as their flavors continue to spread, the taste becomes more potent.

Of course, not all foods improve as leftovers — dressed salad is better off finished or tossed before it wilts into mush, while mashed potatoes or other starchy foods, though not bad, undergo a process called retrogradation that causes the waters to separate and the food to dry out. It's also important to remember that leftovers should only be kept for three to four days and frozen if they're not finished by then.



Chew Slowly and Breathe Deeply

It's a truth universally acknowledged that food just tastes better when we're hungry. But as tempting as it is to eat as quickly as possible in that state, chewing slowly and breathing deeply will make the experience even more enjoyable. That's because taste isn't just about your tongue; it's also about your nose. The aromas of food reach your nose best through what's called retronasal olfaction — essentially, smelling from the inside out as you chew and breathe. As you exhale, the aromatic food molecules released when you chew are swept up to your nasal cavity where you can smell them. Eating and breathing too quickly or erratically means more of those flavorful particles are lost to the lungs instead of reaching your nose.



Less Can Be More

AI Watch

Less really can be more when it comes to taste. While those first few bites of a meal offer the most pleasure, as you continue eating, your taste buds can begin to adapt and the food can lose some of its appeal — a phenomenon known as “taste fatigue.” A study from Cornell University found that even a small portion of fan favorite snacks such as chips or sweets led to a significant drop in cravings 15 minutes after eating — the same as if a large portion had been consumed but without burning out your taste buds.

When given smaller portions, people tend to have a more mindful eating experience. Aside from aiding in digestion, small portions tend to make us eat more slowly and therefore focus more on the texture of the food, which is very helpful in augmenting taste. So if you’re going for maximum flavor, try starting small and really savoring every bite.

ess valuation timelines and monetization expectations. Market commentary from **S&P Global Market Intelligence** and **Financial Times** indicates that capital flows remain strong but more selective.

Rather than signaling collapse, the pullback appears tied to timing uncertainty around productivity realization and regulatory clarity.

Defense Sector Accelerates AI Integration

The U.S. Department of Defense has continued to expand AI integration into strategic planning and operational doctrine, according to official briefings and coverage by **Defense News**. Autonomous systems, cybersecurity AI, and battlefield data processing remain priority investment areas.

Regulators, including the **FTC**, have signaled a dual approach: encouraging innovation while pursuing enforcement against deceptive AI practices.

Bottom Line: AI has moved beyond hype cycle dynamics into structural economic and defense infrastructure.

SCAM WATCH



Scam Watch - March 2026

AI-Powered Fraud Expands Rapidly

Federal authorities and cybersecurity firms report a rise in AI-enabled scams involving voice cloning, deepfake impersonations, and synthetic identity fraud. The **Federal Trade Commission (FTC)** has issued consumer advisories warning about AI-generated impersonation schemes targeting older adults and small businesses.

Research published by cybersecurity firms and academic analysts indicates that generative AI tools have significantly reduced the cost of producing convincing fraudulent content. Criminal enter-

AI WATCH



Keeping an eye on the world of AI: what really happened this month, why it matters for everyday people and businesses, and what steps you can take to use the good while guarding against the bad.

March 2026 - AI Watch Market Volatility Reflects Repricing of Expectations

AI-related equities have experienced volatility as investors reas-

Disputed Events

prises are integrating automation with behavioral profiling to increase success rates.

Cybercrime and Geopolitical Messaging Converge

Security analysts cited by **Infosecurity Magazine** and **Reuters Cybersecurity** report that some state-linked cyber campaigns are blending misinformation with malware deployment. The overlap between financial fraud and political influence operations complicates enforcement responses.

Insurance industry data also show increasing cyber-claims severity, suggesting broader systemic exposure.

Bottom Line: Fraud is evolving from isolated schemes into scalable, AI-driven operations.

the larger story of our time.

Readers should keep in mind that what follows is less about consensus and more about contention. Disputed events are the pressure points of democracy and global order — they reveal where society is most divided and where tomorrow’s headlines are likely to emerge.

I hope these reports will help you gain a better understanding of what is actually going on. Finding the truth has always been a challenge.

D, Miyoshi

March 2026 – Disputed Events Supreme Court Ruling Narrows Emergency Tariff Authority

A recent U.S. Supreme Court decision limiting executive authority under emergency trade statutes has introduced new uncertainty into U.S. trade policy. Legal analysts interviewed by **Bloomberg Law** and **The Wall Street Journal** note that the ruling narrows unilateral tariff powers while leaving room for congressional action.

The decision raises questions about potential legal challenges to prior tariff measures and the future scope of executive economic powers during geopolitical crises.

U.S.–EU Trade Tensions Ease — For Now

Although recent tariff threats between the United States and European counterparts have cooled, analysts at the **Atlantic Council** emphasize that structural disagreements over industrial policy, supply chain reshoring, and strategic autonomy persist. Markets are adjusting not to immediate tariff changes, but to evolving institutional boundaries.

Bottom Line: Institutional power realignment may reshape future trade conflict responses.

DISPUTED EVENTS



“Where facts meet controversy — the stories too important to ignore, and too contested to settle.”

Every month brings its share of news that sparks sharp disagreement — stories that divide experts, politicians, and the public alike. These are the events where facts collide with interpretation, where motives are questioned, and where the truth often depends on who is telling it.

The purpose of *Disputed Events* is not to resolve these arguments but to present them clearly. Each entry highlights a major controversy from the past month — political, military, economic, or social — and lays out why it matters. By putting these disputes side by side, the goal is to show how contested narratives shape

Civil Unrest Watch

CIVIL UNREST WATCH



March 2026 – Winds of War U.S.–Iran Tensions Keep Energy Markets on Edge

Tensions between the United States and Iran remain elevated amid continued regional proxy friction and drone-related incidents. While no formal declaration of hostilities has occurred, U.S. force posture in the region has increased in recent weeks, according to Pentagon briefings. Energy traders have responded cautiously, with oil futures reflecting a modest but persistent geopolitical premium.

Analysts at the **International Energy Agency (IEA)** have previously warned that constrained global spare capacity leaves oil markets more vulnerable to sudden disruptions. Even limited interference with Gulf shipping routes could have outsized pricing effects.

Ukraine War Enters Structural Phase

Russia’s war in Ukraine continues without visible diplomatic breakthrough. NATO members have reaffirmed long-term defense spending commitments, with several European governments accelerating procurement cycles and expanding military budgets, according to reporting from **Reuters** and policy analysis from **Chatham House**.

What began as a shock event in 2022 has now reshaped fiscal planning across Europe. The conflict’s economic effects — energy reallocation, industrial policy shifts, and sustained defense outlays — are becoming embedded structural features rather than temporary distortions.

Bottom Line: Military positioning across multiple theaters increases miscalculation risk, even absent immediate escalation.

March Civil Unrest Watch

Iranian Diaspora Protests Demonstrate Global Reach

Large demonstrations tied to unrest in Iran have continued across Europe and North America, with coordinated “global days of action” drawing sustained turnout. Coverage from **BBC News** and **Al Jazeera** highlights the scale of diaspora mobilization and the use of encrypted digital platforms to organize internationally. Policy observers note that while the Iranian regime remains intact, persistent external pressure can affect capital flows, currency stability, and diplomatic relations.

Domestic Protests Reflect Continued Polarization

In the United States, protests related to immigration enforcement and federal surveillance concerns have occurred in major metropolitan areas. According to reporting by **The Washington Post** and **Associated Press**, these events remain localized but illustrate ongoing civic tension.

Political scientists warn that digitally amplified activism accelerates narrative spread, often blurring domestic and international political movements.

Bottom Line: Protest movements are increasingly transnational, increasing reputational and political spillover risk.



Elephants in Rooms

ELEPHANTS IN ROOMS



Here are presentations about uncomfortable truths and awkward questions.

Former news reporter for Fox News, Ken LaCorte, dives into the topics that others either dodge or dismiss – especially when they're true.

LaCorte spent 20 years behind-the-scenes at Fox News and now hosts the “Elephants in Rooms” YouTube channel.

I present here a synopsis of LaCorte's video presentations for your edification. I know you will find them very interesting.

D. Miyoshi

WILL DONALD TRUMP SURVIVE HIS SECOND TERM AS PRESIDENT?



According to this Elephantsinrooms YouTube video, Donald Trump's death risk is higher than you think.

Will Donald Trump survive his second term as president? I'm not talking about impeachment, but actual physical survival. After all, 18% of US presidents have died while in office.

And if Trump serves his full term, he'll be the oldest president ever. And not for nothing, people keep trying to kill him. The elephant in the room. What are the odds that a 78-year-old Donald Trump can survive being president four more years?

Ken LaCorte's video provides an insightful analysis of Donald Trump's potential survival during a second presidential term, balancing statistical longevity, personal health factors, and the unique protections and risks associated with the presidency. It effectively debunks the common misconception that presidential stress shortens life while highlighting the very real and significant threat of assassination, which is often underestimated. The discussion of Secret Service competence and the specific attempts on Trump's life adds a critical dimension to the overall risk assessment.

Donald Trump will likely survive a second term as president, despite his age and a significant risk of assassination, due to extensive presidential protection and the fact that presidents tend to live longer than their peers.

Synopsis

If Donald Trump serves a full second term, he would be the oldest president ever, starting at age 78, about six months older than Joe Biden was when sworn in.

A 78-year-old male has an average life expectancy of nine more years, to age 87, with a 75.3% chance of surviving the next four years.

Trump has already outlived the average American male life expectancy of 76.1 years.

Positive health factors for Trump include not smoking or drinking alcohol, and consistently reported good cardiac health, though presidential health reports can be politically influenced.

His parents both lived long lives, with his mother reaching 88 and his father 93, although his father was diagnosed with Alzheimer's in his 80s.

A significant health concern for Trump is his weight, with conflicting reports on his exact measurements.

The insurance industry's John Hancock calculator estimated Trump's average lifespan at 90 years.

Presidents benefit from extraordinary protection, including the Secret Service's human shields, advanced threat defense, armored vehicles, and comprehensive medical care, including a flying hospital on Air Force One.

The presidency also protects from common accidental causes of death, such as falls, through constant monitoring and standby

Elephants in Rooms

services.

MAJOR INSIGHT: Contrary to the intuitive belief that presidential stress shortens life, a study by the American Medical Association found no evidence that presidents die sooner; in fact, they lived longer than their peers despite visible aging.

Assassination is a serious risk, with four presidents (9% of all who served) having been shot to death while in office.

Five serious assassination attempts against Trump's life are known, including incidents in Las Vegas (2016), North Dakota (2017), Butler, Pennsylvania (2024), at his golf course (2024), and a recent Iranian plot.

The Pennsylvania shooting raised concerns about Secret Service competence, leading to the director's resignation and questions about the effectiveness of increasing female agents.

Main Arguments

Trump's Statistical Survival Probability: Based on Social Security data, a 78-year-old male like Trump has an average life expectancy of nine more years to age 87, with a 75.3% chance of surviving a full four-year presidential term.

Presidential Protections vs. Risks: While presidents benefit from extraordinary medical care and Secret Service protection, the inherent risk of assassination remains a significant, difficult-to-quantify threat that outweighs many other factors.

Assassination as a Primary Risk Factor: Historically, 9% of all US presidents have been assassinated, and Donald Trump has faced at least five serious attempts on his life, making the threat of violence a critical factor in assessing his survival odds.

Unique Perspectives

MAJOR INSIGHT: Presidents Live Longer Despite Stress: Contrary to the common belief that the immense stress of the presidency causes leaders to age faster, a study by the American Medical Association found that presidents actually live longer than their peers, despite visible signs of aging.

Political Influence on Health Reporting: Official reports on presidential health are often unreliable due to political motivations, as evidenced by Trump's former physician's exaggerated claims and historical examples like FDR's concealed illness.

DEI Policies and Security Concerns: The video raises a controversial question about whether the Secret Service's drive to increase female agents, potentially influenced by DEI initiatives, might compromise the president's physical security, citing issues during a specific shooting incident.

Supporting Evidence

Longevity Factors for Trump: Trump benefits from positive health habits such as not smoking or drinking alcohol, and a strong family history of longevity, with his mother living to 88 and his father to 93.

Comprehensive Presidential Medical Care: The White House Medical Unit, established in 1945, provides 24/7 care from military physicians, and Air Force One functions as a flying hospital equipped with an operating room and a supply of the president's blood type.

Documented Assassination Attempts on Trump: Specific incidents include a 2016 attempt in Las Vegas, a 2017 forklift attack in North Dakota, a 2024 shooting in Butler, Pennsylvania, a golf course ambush, and an Iranian plot involving felons.

Thought-Provoking Questions

Quantifying the Assassination Threat: How can the unique and unpredictable nature of assassination attempts, especially given Trump's polarizing persona, be accurately factored into his overall survival probability?

Transparency of Presidential Health: To what extent should the public trust official reports on a president's health, given historical precedents of concealment and politically motivated statements from medical staff?

Balancing Security and Public Engagement: How can a president maintain necessary public visibility and engagement while mitigating the significantly increased risk of violence, particularly when their presence "riles people up"?

HOW DID COLLEGES GET THAT MUCH LEFT WING?



Elephants in Rooms



Colleges became overwhelmingly left-wing due to a historical shift influenced by social movements, the self-selection of liberals into academia, active discrimination against conservatives in hiring, and the institutions' insulation from market pressures.

This Elephants in Rooms video effectively explains the complex historical and structural factors that led to the overwhelming left-wing ideological shift in US colleges. It highlights the role of social movements, the self-selection of liberals into academia, and active discrimination in hiring, supported by compelling data on faculty political affiliations and donations. The analysis of institutional insulation from market pressures and the future outlook for different tiers of colleges provides a comprehensive understanding of this significant phenomenon.

Synopsis of video

A study of Yale professors shows 82% are registered Democrats and only 2.3% Republican, a 36:1 ratio, with over half of undergraduate departments having zero registered Republican professors.

Harvard exhibits similar numbers, with less than 3% of its faculty identifying as conservative.

A 2020 national study of over 12,000 faculty at top universities found more than eight registered Democrats for every registered Republican.

Political donor data is even more skewed, with a 95:1 ratio nationally in favor of Democrats, and Yale faculty giving 98% of partisan contributions to Democrats.

Even registered Republican faculty donate to Democrats by a 4:1 ratio.

While elite institutions are off the charts, liberal arts colleges skew hard left, community colleges show a 2:1 liberal-to-conservative ratio, and business schools are the most balanced.

Humanities and social sciences exhibit the largest imbalances towards Democrats, while STEM fields are less so but still left-leaning.

Historically, early colonial colleges instilled religious piety and

trained civic leaders, remaining relatively conservative until the mid-1900s.

The civil rights movement, the backlash to McCarthyism, and the 1960s counterculture and anti-war movement initiated a leftward shift on campuses.

By 1969, a major survey found 46% of professors described themselves as liberal, establishing academia as a solidly liberal institution.

A dramatic shift occurred in the late 80s and 90s as World War II-era professors retired and were replaced by baby boomers from the counterculture generation and a large influx of women, who tend to be more liberal.

This ideological shift was internal to academia, as the political views of students and the general public remained largely stable during the 80s and 90s.

The emergence of Black, ethnic, and women's studies departments, often described as academic arms of activist movements, further contributed to locking in the ideological imbalance.

Major Insight: The most widely accepted reason for the continued leftward slide, cited by academics, is self-selection, where academia's reputation for liberalism attracted more liberals and deterred conservatives from pursuing academic careers.

Conservative academics argue against self-selection, citing active discrimination in hiring and promotions, with surveys showing 30% of sociologists and 24% of philosophers admitting they would discriminate against Republican job applicants.

DEI (Diversity, Equity, and Inclusion) statements are used as a screening device, with some universities eliminating up to 75% of job applicants based solely on these statements, effectively functioning as a political litmus test.

Multiple surveys indicate that conservative professors are at least twice as likely to feel unable to express their opinions, while liberal faculty are more likely to approve of tactics like shouting down speakers.

Colleges, particularly elite ones, were able to achieve ideological purity without repercussions because they are insulated from market pressures, as few students would reject a top school due to political bias.

The future of colleges will vary: elite universities are unlikely to change due to vast endowments and high demand, while state universities may shift under political pressure in Republican states.

Mid and lower-tier private colleges face significant disruption due to declining enrollment and increasing public skepticism about the value of a four-year degree, especially with rising tuition and massive student debt.

An NBC News poll revealed that 63% of registered voters now believe a four-year degree isn't worth the cost, a complete reversal from 12 years prior, with Republican support collapsing from 55% to 22%.

The "ivory tower" model is cracking for most schools, as degrees are no longer scarce, costs are unmanageable, and the return on investment is less obvious, except for the very elite institutions.

Elephants in Rooms

Main Arguments

Overwhelming Liberal Skew in Academia: Colleges, especially elite institutions, are overwhelmingly liberal, with faculty ratios of Democrats to Republicans as high as 36:1 at Yale and 95:1 in political donations.

Historical Shift, Not Always the Case: American universities were relatively conservative until the mid-1900s, with a significant leftward shift accelerating in the 1960s and 70s, and a dramatic acceleration in the 80s and 90s.

Multiple Contributing Factors: The shift is attributed to self-selection of liberals into academia, active discrimination in hiring and promotion, the institutionalization of DEI statements, and a lack of market pressure on elite schools.

Divergent Futures for College Tiers: Elite universities are expected to maintain their ideological stance due to financial insulation, while state and lower-tier private colleges will face increasing pressure to adapt due to political mandates and market forces.

Unique Perspectives

Major Insight 1: Academia's Insulation from Reality: Elite colleges can maintain ideological purity without significant repercussions because they are insulated from market pressures due to massive endowments and high demand, allowing them to forward theories untested by real-world consequences.

Major Insight 2: DEI Statements as a Political Litmus Test: Diversity, Equity, and Inclusion (DEI) statements function as a screening device in hiring, effectively requiring candidates to express progressive views on diversity, with some universities eliminating up to 75% of applicants based solely on these statements.

Self-Selection vs. Active Discrimination: While academics often cite self-selection (liberals choosing academia) as the primary reason for the leftward shift, conservative academics argue that active discrimination in hiring and promotion, openly admitted by some professors, is a significant, accelerating factor.

Supporting Evidence

Extreme Faculty Ratios at Elite Schools: Yale professors show an 82% Democrat to 2.3% Republican ratio (36:1), with over half of undergraduate departments having zero registered Republican professors. Harvard shows similar numbers, with less than 3% conservative faculty.

Lopsided Political Donations: Political donor data reveals an even more extreme imbalance, with a 95:1 ratio nationally in favor of Democrats, and Yale faculty contributing 98% of partisan donations to Democrats and literally zero to Republicans in

2025.

Admitted Discrimination in Hiring: Surveys show that 30% of sociologists and 24% of philosophers openly admit they would discriminate against Republican job applicants, and about four in ten academics wouldn't hire a known Trump supporter.

Public Skepticism on College Value: An NBC News poll indicates 63% of registered voters now believe a 4-year degree isn't worth the cost, a complete reversal from 12 years prior, with Republican support collapsing from 55% to 22%.

Thought-Provoking Questions

Future of Mid- and Lower-Tier Colleges: How will mid- and lower-tier private colleges adapt to declining enrollment, increasing public skepticism about degree value, and the rise of alternative education like trade schools and free online resources?

Impact of AI on Education Value: What will be the long-term impact of Artificial Intelligence on the perceived value of a four-year degree and the skills humans should acquire, especially given the high cost and potential for knowledge obsolescence?

Sustainability of Ideological Purity: Can elite institutions indefinitely maintain their ideological purity and insulation from market forces, or will external pressures eventually force a re-evaluation of their structures and values?



Summaries

YouTube Summaries

Key Issues Affecting Japanese American Communities Today



As a Japanese American, I have come to realize that in America, we live at the intersection of shared national challenges and a unique community history that continues to shape how we see the world. Whether we are Sansei balancing careers and caregiving, Yonsei navigating identity in an increasingly diverse society, or Gosei discovering new ways to stay connected to our roots, the issues facing our community today reflect both the realities of modern America and the legacy passed down from earlier generations. The following overview highlights the key concerns that many Japanese Americans are thinking about—from economic pressures and political tensions to cultural preservation, family responsibilities, and community well-being.

Economic

- Rising cost of living and housing pressures in West Coast JA hubs
 - Sustainability of JA-owned small businesses and community institutions
 - Retirement security for Sansei/Yonsei and student debt burdens for younger generations
- Preservation of family property and intergenerational wealth

Political

- Concerns about civil liberties, due process, and government overreach rooted in incarceration history
 - Anxiety about scapegoating during U.S.–Asia geopolitical tensions
 - Need for stronger JA/AAPI representation in government and public institutions
- Protection of historic JA sites and cultural districts

Military & National Security

- Worries about anti-Asian sentiment during foreign conflicts
 - Recognition and preservation of JA military history (442nd, MIS, Korea, Vietnam)
- Veterans' health, benefits, and aging support needs

Social & Cultural

- Decline of Japantowns and aging of temples, churches, and community organizations
 - Passing on JA identity in an increasingly intermarried and dispersed population
 - AAPI hate incidents and community safety
- Loss of Japanese language and cultural continuity

Family & Intergenerational

- Elder care responsibilities for aging parents and grandparents
 - Mental health needs across generations, including unspoken wartime trauma
 - Bridging cultural and communication gaps between Nisei/Sansei and Yonsei/Gosei
- Supporting mixed-race JA youth in identity development

Recreational & Community Life

- Sustaining Obon festivals, taiko groups, sports leagues, and cultural programs
 - Pilgrimages to camp sites as a key identity touchstone
- Maintaining community spaces for gatherings and intergenerational connection

Health & Wellness

- Rising healthcare costs and long-term care needs
 - Higher rates of certain cancers in older generations
 - Longevity leading to intensive caregiving demands
- Need for culturally competent mental and physical health services

Legacy & Preservation

- Ensuring JA history remains visible as Nisei and older Sansei pass on
 - Recruiting and mentoring the next generation of community leaders
 - Protecting archives, oral histories, and veterans' records
- Keeping JA values and stories relevant for Yonsei and Gosei

As we reflect on these concerns, it's clear that the strength of the Japanese American community has always come from our ability to adapt, organize, and support one another across generations. The challenges we face today—economic, political, cultural, and personal—are not isolated issues but interconnected threads that

YouTube Summaries

shape our collective future. By staying engaged, preserving our history, and nurturing the next generation of leaders, we ensure that the values passed down from our parents and grandparents continue to guide us.

Our community has endured and thrived through far greater trials, and with the same resilience and unity, we can meet the demands of this moment and build a future worthy of our legacy. So let us call on our capable community leaders to be proactive and bring us together to meet these challenges with insight, fortitude, and Gaman. In doing so, we will surely succeed as we have always done before.

D. Miyoshi

THE END OF JAPAN’S PACIFIST TRADITION?



From the desk of Joel Hilliker:

Good morning!

Will Japan become a military superpower? A landslide election win gives Japan’s hawkish prime minister, Sanae Takaichi, authority to change the nation’s pacifist Constitution. That restriction was imposed by America after the atrocities Japan committed in World War II. Yet now, America’s president is cheering and facilitating Japan’s remilitarization.

Quite the turnaround. General MacArthur would be rolling in his grave.

Donald Trump has avidly supported Takaichi, boosting momentum for her campaign. He gave her a rare public endorsement before the election, praised her coalition’s achievements, congratulated her historic two-thirds supermajority, and wished success for her “Peace Through Strength” agenda.

President Trump wants his greatest legacy to be that of a peacemaker. Yet his pursuit of that goal is producing extraordinary unintended consequences.

To recognize them, though, you have to know the outline of end-time biblical prophecy.

That outline shows four major end-time power blocs: 1) America and the English-speaking peoples; 2) “the king of the south,” an Iran-led Islamist coalition; 3) “the king of the north,” a German-led European empire; and 4) “the kings of the east,” an Asian alliance. It foretells a shocking shift in power away from the first of those blocs toward a brutal competition among the other three.

One of the most stunning trends in world affairs—even going back to just after World War II—is how much the U.S. has been directly responsible for aiding the rise of these powers that are prophesied to attack and conquer it. Think of it:

- Rebuilding Germany after the war through the Marshall Plan
- Facilitating China’s integration into the global economy
- Neutralizing Iran’s top regional competitor, Iraq

Barack Obama and Joe Biden intensified these trends: ignoring Russia’s annexation of Crimea; signing the Iran deal that facilitated Iranian nuclear aims; driving Russia and China into deeper cooperation.

But President Trump is unwittingly shifting things into overdrive. He truly is transforming the world in several ways that align with end-time prophecy. It is especially stunning the way his administration is turbocharging European unification and militarization, even German leadership specifically. This is the Frankenstein monster on an international scale.

Japan is prophesied to be integral to the end-time Asian confederation. It has the technical and industrial capacity to contribute much militarily, and its every step away from pacifism raises the ceiling of just what it could add. The Trumpet has warily watched Japan’s growing militarism as it marches toward its place in the coming world war.

How much responsibility will President Trump bear for Japanese weapons being used in that war?

We’ll only know for sure after all the prophecy flips to history. But it is looking like this would-be peacemaker may end up being, more than any other one man, the catalyst that hastens World War III.



Japanese Prime Minister Sanae Takaichi, leader of the ruling Liberal Democratic Party, places a rose on the name of an elected candidate on election day, February 8. (KIM KYUNG-HOON - POOL/GETTY IMAGES)

YouTube Summaries

Death knell for Japan's pacifist Constitution?

Prime Minister Sanae Takaichi secured a supermajority in the lower house of Japan's legislature yesterday, a victory in snap elections that could empower the hawkish leader to officially end Japan's postwar political era and dramatically accelerate its re-militarization.

- Takaichi's government has maintained popularity ratings of around 70 percent ever since coming into power in October. By calling the snap election, she aimed to transform her extraordinary approval ratings into more seats for her Liberal Democratic Party.

The victory gave Takaichi's party a stunning 316 of 465 seats, marking the first time since World War II that any single party has held a two-thirds majority.

- The victory is due overwhelmingly to Takaichi's hard-line stance against China and refusal to give in to the Chinese Communist Party's bullying.

- It enables Japan's first female prime minister to stay in power until at least 2028.

End of an era: Crucially, this supermajority allows the LDP to override rejections of bills in the upper house and to propose constitutional amendments. It gives Takaichi a mandate strong enough to make her militaristic vision for Japan a reality.

- During her campaign, Takaichi called for a revision to Article 9 of Japan's Constitution, the so-called pacifist clause that was intended to prevent a return to full militarism.

- She aims to increase offensive capabilities with new cutting-edge drones, missiles and other extended-range weaponry.

Under Takaichi's leadership, Japan will hit its goal of spending 2 percent of GDP on defense next month—nearly two years ahead of what was already a tremendously ambitious schedule.

"I think we should possess nuclear weapons," a leading security official in her cabinet told reporters on December 17. "In the end, we can only rely on ourselves."

In November, Takaichi said in the Diet: "If China invades Taiwan," Japan would view it as an "existential crisis situation" and possibly deploy its Self-Defense Force.

From adversaries to allies: At present, animosity and fear are rising between Japan and China, driving both economic and military powerhouses to amass extraordinary military power, and fueling the popularity of hawkish figures such as Takaichi. Biblical prophecy shows, however, that these two nations will soon come together, for a brief but pivotal moment. They will align under Russian leadership and turn their firepower against the West, helping unleash the most destructive war in mankind's history.

Jeremiah Jacques

THE LAWS OF HUMAN NATURE



This video examines the main ideas from Robert Greene's book "The Laws of Human Nature." The video's goal is to help people understand how they and other people act better. It makes the point that humans are typically motivated by hidden feelings, anxieties, and desires instead of just logic. People can become more self-aware, wise, and compassionate by perceiving these unseen influences. This can lead to better relationships and a more serene life. The video talks about how important it is to know why people wear masks, as well as the law of irrationality, narcissism, roleplaying, envy, shortsightedness, defensiveness, self-sabotage, repression, generational influence, death, grandiosity, gender rigidity, aimlessness, social dynamics, perspectivism, subtle change, and balance.

The video asks viewers to go inside themselves and recognize their own hidden agendas and biases before judging others. It teaches people to notice patterns in how people act and respond with wisdom instead of feelings. The main purpose is to help people become more conscious of themselves and more empathetic, which will help them understand and be kinder to others when they engage with them. At the end of the video viewers are challenged to apply one of the laws of human nature they learned about to their own lives for a week. This will help them think more deeply about themselves and evolve as a person.

Here's a breakdown of the information, organized so it's easy to read and understand:

D. Miyoshi

Beginning

The video looks at Robert Greene's "The Laws of Human Nature" and tries to explain why individuals act the way they do.

It promises to show us patterns that we can't see that shape our



YouTube Summaries

lives and help us understand how others act, including how to be more self-aware.

The Strength of Knowing How People Work

There is a secret code in human nature that affects what we do, and it is often based on our sentiments, anxieties, and desires.

When we understand these influences, we are free to think about behavior with wisdom and calmness.

It helps people see trends, cuts down on confusion, and helps them become more aware of themselves so they can change.

In the end, knowing how people work will make your life more peaceful, wise, and kind.

Why People Put on Masks

Society makes people wear masks to cover their genuine sentiments, such as fear, jealousy, and insecurity.

When we understand this, we may look past words and analyze actions, expressions, and reactions.

It promotes kindness and acceptance of human flaws, which makes things less surprising and painful.

Know Yourself First

We need to look at ourselves and the masks we wear honestly before we can comprehend other people.

These masks keep us from being rejected, but they may also trick us and make us lose touch with how we really feel.

Being self-aware helps us know what makes us angry and pick calm reactions instead of blind ones.

The first and most critical step to understanding other people is to be aware of yourself.

The Rules of Human Nature

The Law of Irrationality: Even smart individuals often act on their feelings instead of reasoning. We may choose how to respond and act more wisely if we understand this.

The Law of Narcissism says that everyone sees the world through their own wants and needs. This helps us not take things too personally and connect with others better by offering them attention, respect, and a sense of importance.

The Law of Roleplaying says that people perform roles to keep themselves safe or to fit in. Knowing what these roles are helps us not get tricked and be kind.

The Law of Envy: Envy is a strong yet quiet force. It helps us give credit where it's due, be modest, and utilize envy to push ourselves to progress.

The Law of Shortsightedness says that living just for short-term pleasure will cause issues in the long run. It's really important that we learn to think about the future and what will happen.

The Law of Defensiveness says that people get defensive when they are attacked. It's better to be gentle and subtle while talking to other people, especially when you have different beliefs.

The Law of Self-Sabotage says that fear, doubt, and insecurity can keep us from moving forward. You need to be aware of these concerns and do things anyway to get free.

The Law of Repression says that pushing away bad feelings makes you act in ways that aren't good for you. It is better for our health and gives comfort to face all elements of ourselves, even the darker ones.

The Law of Generational Influence says that the time and society we grow up in affect who we are. This helps us respect other people's opinions and think about our own convictions.

The Law of Death: Life is short and weak. Thinking about death helps us live more fully, on purpose, and with bravery.

The Law of Grandiosity says that being successful might make you too sure of yourself and make bad choices. To avoid this trap, you need to be humble and keep learning.

The Law of Gender Rigidity: Strict gender roles hold us behind. Accepting all elements of ourselves, no matter what gender norms say, is what gives us real strength and balance.

The Law of Aimlessness: We go through life without a clear goal. Finding the task of our lives provides us purpose and direction.

The Law of Social Dynamics says that every organization has rules and power structures that aren't written down. We can better handle social circumstances when we understand how these things work.



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The Law of Perspectivism says that everyone observes the world in their own way. Knowing this makes you more humble, open, and understanding.

The Law of Subtle Change: It's hard to accept sudden changes. The best way to change is to take tiny, steady steps.

The Law of Balance says that life needs a balance between opposites, such as strength and softness or action and repose. Taking care of your thoughts, feelings, and actions in a balanced way is good for your health.

Last Thoughts

To understand human nature, you need to view things as they are and accept people as they are.

It helps us connect with other people more deeply and make better decisions.

The patterns grow clearer the more we watch, listen, and think about them.

Test

Pick one of the laws of human nature that speaks to you.

For the following week, pay attention to it in yourself and others.

The first step toward transformation is to be aware.

In conclusion

We grow together when we share what we know.

Keep watching, thinking, and getting better.

Use your strength and wisdom with care, kindness, and bravery.

[End of video on The Laws of Human Nature](#)

Was Charlie Kirk and TPUSA a Psy-Op Operation?



<https://www.youtube.com/watch?v=mAtiez8CeNw>

The video by established YouTube commentator Tracy Derwin presents a deeply speculative yet thoroughly argued analysis of the Charlie Kirk event, positing it as a psychological operation orchestrated by individuals with extensive backgrounds in military psychological warfare. Derwin effectively connects key figures within Turning Point USA to a lineage of strategic influence operations and even ventures into highly unconventional theories involving secret societies and extraterrestrial agendas. While the claims are extraordinary, the video provides a detailed narrative, drawing connections between various pieces of information to support its overarching theory of a meticulously planned manipulation for perception management using Charlie Kirk (**perhaps unwittingly**) and a larger societal transformation using his organization, Turning Point USA.

Main Arguments

Charlie Kirk as a Psy-Op Target: Derwin argues that Charlie Kirk was a "vehicle" for a larger "machine" with its own goals, and his alleged "assassination" was a consequence of his refusal to comply with the demands of his powerful backers.

Turning Point USA as a Psychological Operation: Derwin asserts that Turning Point USA (TPUSA) was founded with an ulterior motive, serving as a platform for psychological operations (psy-ops) to influence public perception, particularly through its media and religious arms like Turning Point Faith. The implication of the video is that either Charlie Kirk originally did not realize the true mission of his handlers who helped grow the organization, or he later changed his mind about the mission, which led to his undoing.

Unique Perspectives

Military Intelligence Lineage in TPUSA Leadership: Key figures around Charlie Kirk, including his chief of staff Mikey McCoy, Mikey's father Pastor Rob McCoy, and TPUSA adviser Paul E. Vallee, are identified as having deep connections to military in-

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telligence and psychological warfare, suggesting a deliberate infiltration or creation of TPUSA for strategic influence.

"Mind War" Doctrine as TPUSA's Operational Framework: The video highlights that TPUSA adviser Paul E. Vallee co-authored "Mind War" doctrine with Michael Aino (founder of the Temple of Satan), which advocates for "psychological dominance" through "perception management, propaganda, and cognitive influence" over kinetic warfare, implying this is the underlying strategy for TPUSA. The connection with the Temple of Satan founder, in this case, that involves TPUSA, a classic Christian organization, is very concerning.

An Extreme but Significant Point: Alien Influence and Hybridization Agenda: The most surprising claim connects the "handlers" of the alleged psy-op to a deeper, extraterrestrial agenda, suggesting that high-ranking military figures at Fort Huachuca are involved in a treaty with aliens to create a "better human hybrid" to control humanity, which is seen as inherently destructive. This Treaty with Aliens has been reported in various accounts and has never been debunked.

Supporting Evidence

Suspicious Behavior of Chief of Staff Mikey McCoy: Immediately after Charlie Kirk was allegedly shot, Mikey McCoy was observed putting his hand to his ear and walking away without checking on Kirk, which the speaker interprets as evidence of a pre-planned, predetermined event where McCoy knew his role was to "make the call."

Erica Kirk's Promotion of Jewish Traditions: Charlie Kirk's wife, Erica Kirk, is noted for promoting the Jewish tradition of Shabbat to a Christian audience, which is unusual for a Christian organization like TPUSA, and is linked to her uncle's efforts to bridge Jewish and Mormon relations with Israel, suggesting a hidden agenda.

Masonic Symbolism in TPUSA Events: The America Fest flag featuring 33 stars is presented as evidence of secret society involvement, specifically Freemasonry, given 33 is considered the highest degree in the organization, with other references to the number 33 also cited.

Thought-Provoking Questions

The True Identity and Motives of the "Handlers": Derwin raises questions about the ultimate origins and nature of the alleged "handlers" behind the psy-op, asking if they are "even humans like us" and if they represent a "more intelligent race" or "our creators."

The Purpose of the "Charlie Kirk Event": Derwin questions

whether the Charlie Kirk event is primarily a distraction, designed to "sway us from what's the important thing is," or if it serves to "shed light on the bigger picture" of a broader plan for humanity.

WHO REALLY RUNS MEXICO?



In the midst of the violent cartel wars now being waged between the Mexican government and the Mexican Cartels, we are compelled to ask the question who actually runs the Mexican government?

To answer that question, I made a synopsis of the recent video "Who Really Runs Mexico" that investigates how the powerful drug cartels like Sinaloa and CJNG have infiltrated Mexico's government, assassinated officials, and now control entire cities. From fentanyl to political corruption, the video exposes the dark truth behind Mexico's collapse—and why the president of Mexico Claudia Sheinbaum may be complicit. The video was written and hosted by Colin D. Heaton, former history professor, Army and Marine Corps veteran. Heaton's company Forgotten History is a 10th Legion Pictures Production.

For over 30 years, Mexican drug cartels have assassinated politicians, infiltrated law enforcement, and taken over entire cities. From El Chapo's Sinaloa empire to the rise of CJNG and allegations against Mexico's first female president—Who Really Runs Mexico exposes the brutal truth about who really controls Mexico. How did they get there—and why won't the U.S. step in?

Mexico's new president, Claudia Sheinbaum, rejected Donald Trump's offer to send U.S. Special Forces to fight the cartels—but why?



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In the video, Heaton provides a well-explained and deeply concerning analysis of how drug cartels have infiltrated and effectively control significant portions of the Mexican government and society. He thoroughly details the historical context, the cartels' methods of corruption and violence, and specific examples of high-ranking officials and politicians who have either colluded with or been murdered by these organizations. Heaton effectively highlights the systemic nature of the problem, the military-grade power of cartels, and the complex, often compromised, relationship with US anti-drug efforts, making a compelling case for the cartels' pervasive influence.

Heaton explains that Mexican drug cartels effectively run the country through pervasive corruption, intimidation, and military-grade power, controlling government officials, police, and significant territories, making them the true rulers of Mexico.

Synopsis of Video

President Donald Trump's offer of US special operations assistance to Mexico for its drug cartel problems was declined by President Claudia Shinbal.

Major Insight: The refusal of US assistance is attributed to the cartels running the Mexican government, not the president, police, or military, with President Shinbal potentially fearing retribution or being complicit.

Cartels possess their own armies, territories, and have replaced government functions in many places, acting as warlords rather than mere criminals.

For over three decades, cartels have controlled Mexico through a ruthless war against government officials, civilians, and tourists, assassinating those who challenge their authority.

Cartel activities extend beyond drug smuggling to include weapons and human trafficking, which became a multi-billion dollar business.

Attacks against foreigners in Mexico, including American citizens, have raised concerns, with most cases going unsolved due to lack of resources or corruption within law enforcement.

Specific American victims include Nikico Honda, wife of a DEA agent, killed in a shootout in Tulum, and Australian brothers Jake and Callum Robinson along with American friend Carter Road, found murdered in Baja California.

Mexico is described as a "banana republic" where cartels are too large and powerful, with military weapons and capabilities rival-

ing small nations, primarily due to widespread corruption.

Cartels act as the law, owning local police and politicians, operating prostitution, protection rackets, gambling, taxing businesses, appointing police chiefs, and controlling mayoral elections.

A report indicates that in over 30% of Mexico, the government either shares control with cartels or has no control at all.

Several high-ranking Mexican government officials, including Genaro Garcia Luna (Secretary of Public Security) and Tomas Yarrington (governor), have been convicted in the US for corruption and collusion with cartels.

Over a dozen politicians have been murdered for not adhering to the cartel's agenda, with examples like Mayor Alejandro Aros found decapitated and municipal president Yolanda Sanchez killed in a drive-by shooting.

The two most dominant cartels are the Sinaloa cartel, known for its global operations and fentanyl partnerships, and the CJNG (Cartel Jalisco Nueva Generación), which uses military hardware and is the fastest-growing cartel.

When major cartel leaders are captured, their organizations splinter, reorganize into smaller cells, and create new cartels, which can lead to rivalries or business partnerships.

The relationship between the DEA and the Mexican government has been complex, marked by cooperation and mistrust, especially after the 1985 murder of DEA agent Enrique "Kiki" Camarena.

Under President Lopez Obrador, DEA activities were limited, and a diplomatic crisis arose when former Mexican Defense Minister Salvador Cienfuegos was arrested by the DEA, leading to Mexico restricting foreign agents.

The opening of the US southern border under the Biden administration allowed cartels to significantly increase human and fentanyl smuggling, with most fentanyl produced in cartel-run labs in Mexico.

Mayor Yolanda Sanchez, who took a hard line against criminal elements, was kidnapped and later ambushed and killed (shot 19 times) after refusing cartel demands and receiving no government protection from President Shinbal.

President Sheinbaum's failure to offer protection to Mayor Sanchez and her refusal of US military assistance have raised suspicions about her possible involvement with the cartels.





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Sheinbaum's 2024 election victory was questionable, with around 40 political rivals murdered during the campaign, while she remained unharmed, leading to accusations that cartels helped her get into office.

The conflict in Mexico is a war for political, economic, and military control, which the cartels are currently winning due to deep-rooted corruption and chaos.

Core Concepts

Cartels are Warlords, Not Just Criminals: Mexican cartels operate as warlords with their own armies and territories, effectively replacing the government in many regions, rather than merely being criminal gangs.

Pervasive Government Corruption: The primary reason for cartel dominance is the deep-seated corruption and complicity within the Mexican government, from local police to high-ranking officials, which allows cartels to operate with impunity and dictate political outcomes.

Diverse Criminal Enterprises: Cartels engage in a wide array of criminal activities beyond drug trafficking, including weapons and human trafficking, prostitution, protection rackets, gambling, taxing businesses, appointing police chiefs, and controlling mayoral elections.

Significant Loss of Government Control: A recent report indicates that in over 30% of Mexico, the government either shares control with cartels or has no control at all, demonstrating the extensive reach of these organizations.

Cartel Splintering and Reorganization: When major cartel leaders are killed or captured, their organizations do not disappear but instead splinter, reorganize into smaller cells, and create new cartels, leading to more factions and rivalries rather than a reduction in power.

Breakthrough Ideas

Insight 1: Cartels as De Facto Governments: The profound realization that Mexican cartels function as de facto governments in many areas, controlling local law enforcement, political elections, and essential services, fundamentally shifts the understanding from criminal enterprises to parallel state actors.

Insight 2: Corruption as the Enabling Force: The critical insight is that the cartels' sustained effectiveness and expansion are not solely due to their military might, but are enabled by systemic corruption and intimidation within the Mexican government, making it the root cause of their enduring power.

Key Connections

Presidential Refusal of US Aid Linked to Cartel Influence: The current Mexican president's refusal of US special operations assistance is attributed to either fear of cartel retribution or direct complicity and being on the cartel payroll, highlighting the deep infiltration of criminal organizations into the highest levels of government.

US Border Policy and Cartel Profits: The opening of the US southern border is directly linked to a multi-billion dollar human trafficking business for cartels and a significant increase in the smuggling of fentanyl into the country, demonstrating how US policy can inadvertently empower these groups.

Compromised DEA Operations Due to Mexican Corruption: The effectiveness of US anti-drug efforts, particularly by the DEA, has been severely hampered by repeated infiltration of Mexican federal agencies by cartels, leading to compromised operations, endangered agents, and a deep erosion of trust.

Cartel Interference in Elections: The 2024 Mexican election was marked by around 40 political rivals being murdered and dozens more intimidated, while the current president remained untouched, strongly suggesting cartel influence in electoral outcomes to install their preferred candidates.

Practical Applications

Ineffectiveness of Current Mexican Military Strategy: Despite deploying over 100,000 soldiers for internal security, the Mexican military's efforts have been largely ineffective because they fail to address the root cause of corruption and are not deployed in sufficient numbers or tactically important areas.

Challenges in US-Mexico Anti-Drug Cooperation: Decades of US-Mexico anti-drug collaboration have been plagued by a complex mix of cooperation, mistrust, conflict, and betrayal, underscoring the need for greater transparency and trust-building to overcome sovereignty concerns and political shifts.

Extreme Danger for Anti-Cartel Officials: The assassination of Mayor Yolanda Sanchez, who bravely refused cartel demands and was denied government protection, illustrates the extreme personal risk faced by officials who defy cartels and the systemic failure to safeguard those fighting corruption.

The Multi-faceted Nature of the "War for Mexico": The conflict is described as more than just a drug war; it's a struggle for political, economic, and military control, implying that solutions must be multi-faceted and address corruption and chaos at their root, rather than focusing solely on drug interdiction.



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WILL AMERICA FALL ECONOMICALLY AS JAPAN DID?



This video by World Economy Reborn attempts to address the question whether America will fall economically as Japan did in the 1990's.

It seems America is currently following the same economic playbook that led Japan into its "lost decades" of stagnation and "zombie companies," and without drastic, politically improbable changes, it faces a similar, potentially catastrophic, economic zombification exacerbated by the dollar's global reserve status.

Summary of the Past

In 1989, Japan's economic bubble saw the Imperial Palace grounds valued more than California and the Nikkei Stock Index quadruple in six years, before collapsing in one year, leading to 30 years of stagnation known as the "lost decades."

The AHA idea: This video asserts that America is following the exact same economic playbook as Japan, page by page, line by line, with most people unaware of it.

Japan's post-WWII economic miracle led to global dominance in cars and electronics by the 1970s, but the "insanity" began with the 1985 Plaza Accord, which strengthened the yen.

The Bank of Japan responded to the stronger yen by dropping interest rates to historic lows and flooding the economy with cheap money, triggering the biggest asset bubble in modern history.

This cheap money fueled speculation, with Japanese citizens and corporations buying stocks and real estate with borrowed money,

causing land prices to triple and the stock market to quadruple between 1985 and 1989.

The bubble burst when the Bank of Japan aggressively raised interest rates from 2.5% to 6% in less than two years, causing the Nikkei to peak in December 1989 and real estate prices to fall for 15 consecutive years.

Japan's government tried various textbook solutions—cutting rates to zero, infrastructure spending, bank bailouts, printing money—but none worked due to the proliferation of "zombie companies" that couldn't cover their debts but were kept alive by cheap money.

These zombie companies crowded out healthy businesses, kept prices artificially low, hoarded workers and resources, and took up bank credit, leading to a sclerotic economy.

American economic policies post-2008 and 2020, including zero interest rates and massive quantitative easing, have created conditions mirroring Japan's 1980s, leading to asset prices disconnected from reality and a significant percentage of US companies operating as zombies.

The Federal Reserve faces an "inescapable trap": raising rates collapses zombie companies and commercial real estate, while cutting rates to save them causes inflation to roar back and leads to the same deflationary zombie economy Japan experienced.

Japanification for regular people means wage stagnation (Japanese wages flat for 21 years), declining opportunities for young people, asset price deflation/stagnation, and the death of retirement.

America's situation is potentially worse than Japan's due to its diverse, individualistic, and divided society, and critically, the dollar's role as the global reserve currency.

The dollar's "exorbitant privilege" has allowed the US to print money and run massive deficits, but losing reserve status could trigger a currency crisis, plunging the dollar's value and spiking inflation.

The US government's over \$34 trillion in federal debt, increasingly held by foreigners, poses a sovereign debt crisis risk if confidence in the dollar falters.

To protect oneself, the video recommends investing in hard assets, developing valuable skills, reducing dependence on the system (e.g., debt), and investing in relationships and community.

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Japan's biggest mistake was waiting too long to address the problem, choosing "pretend and extend" over painful restructuring, a mistake America is repeating.

To avoid full Japanification, America would need to let zombie companies die, restructure the banking system, stop money printing, accept asset price declines, and fix the government debt problem—all politically challenging.

The video presents three scenarios for America: optimistic (10% chance of painful restructuring leading to strength), muddling through (40% chance of slow zombification like Japan), or crisis (50% chance of financial collapse and chaos).

The author concludes that America is sleepwalking into this trap, believing its economy is invincible, just as Japan did in 1989, and time is running out to make the necessary hard choices.

Conclusion

Insightful Analysis

This video offers a compelling and deeply concerning analysis, drawing stark parallels between Japan's "lost decades" and America's current economic trajectory. The author effectively argues that the US is replicating Japan's policy mistakes, leading to similar asset bubbles and the proliferation of "zombie companies." The analysis is particularly insightful in highlighting the unique and potentially catastrophic implications of this "zombification" for America, given the dollar's status as the global reserve currency. While the proposed solutions are acknowledged as politically improbable, the video provides a clear, well-supported warning about the severe consequences of inaction.

So the question remains, will America avoid the economic fate that met Japan 30 years ago?

D. Miyoshi

THE NEW JAPAN FIRST POLICY



Dr. Steve Turley

In this video political analyst Dr. Steve Turley offers an insightful analysis of Japan's recent political and social shifts, framing them as a significant "civilizational earthquake." He effectively connects specific events, such as public protests against mosque construction and new immigration policies, to a broader global trend of nationalist populism. His analysis highlights how a new political party, Sanseito, influenced the ruling LDP to adopt a "Japan first" agenda, demonstrating a pattern of mainstream parties pivoting to address public concerns about sovereignty and cultural identity. The detailed policy changes and public opinion data provide strong evidence for Turley's central argument about Japan's new aggressive immigration crackdown and nationalist policies, driven by public sentiment and the rise of a "Japan first" political party, which Turley frames as a global "civilizational awakening" to protect national sovereignty and cultural identity in Japan.

A Synopsis of Dr. Turley's points.

Japan is experiencing widespread public protests against mosque construction and has seen a new nationalist party, Sansto, gain significant political power.



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In June 2025, a large Muslim prayer gathering in Fukuoka, which exceeded permitted area, went viral and sparked public outrage.

Sanaye Takaichi, dubbed the "Iron Lady of Japan," won an unprecedented two-thirds supermajority in February, giving her the power to alter Japan's constitution and implement her agenda of closing borders and deporting migrants.

Battles over mosque construction have erupted in Tokyo and Fujisawa, with online campaigns and thousands of complaints flooding government officials.

A candidate opposing a proposed Muslim cemetery won a mayoral election in Hijoen, freezing the project.]

Turley argues that the crackdown on Muslims is part of a broader, comprehensive immigration crackdown driven by concerns over sovereignty and cultural identity.

Prime Minister Takaichi created a new cabinet position for "well-ordered and harmonious coexistence with foreign nationals," led by Kimi Onoda, who advocates for zero-tolerance anti-immigration policies.

Japan's government released a 98-page policy package in January, including a "zero illegal stayers" initiative to deport undocumented residents, doubling state-funded deportations.

New policies include revoking permanent residency for non-payment of taxes/social insurance, requiring Japanese language proficiency for permanent residency, extending naturalization requirements from 5 to 10 years, and significantly increasing capital requirements for business manager visas.

Major Insight: The rise of the nationalist populist party Sanseito, inspired by MAGA, shifted Japan's political center of gravity, forcing the ruling LDP to adopt tougher immigration rhetoric and policies, demonstrating a global pattern where mainstream parties pivot to nationalist populist positions to retain power.

Public opinion polls in late 2025 showed strong support for stricter immigration policies, with 56% wanting fewer visitors/immigrants and 70% supporting raising the bar for citizenship.

Turley frames these events as a "civilizational populism" movement, a worldwide awakening against mass immigration policies imposed by a "corrupt globalist elite" that threatens unique civilizational identities.

The Main Arguments

Japan's Aggressive Immigration Crackdown: Japan has initiated one of the most aggressive immigration crackdowns in the developed world, driven by public protests against mosque construction and the rise of a nationalist political party. This includes a 98-page policy package aimed at reshaping immigration from top to bottom.

Beyond Muslim Crackdown to Comprehensive Immigration Control: While initially appearing as a crackdown on Muslims due to viral incidents and mosque construction battles, the underlying movement is a much broader, comprehensive immigration crackdown focused on sovereignty, cultural identity, and defending civilizational inheritance.

The Rise of Civilizational Populism: Japan's actions are part of a global "civilizational earthquake" where populist movements, from Europe to Asia, are increasingly convinced that unique civilizational identities are threatened by mass immigration policies imposed by a globalist elite. This phenomenon is fueled by the branding of those who demand closed borders as "racist xenophobes." which sounds familiar to MAGA supporters

Political Shift Towards "Japan First": The new nationalist populist party, Sanseito, gained significant political power, moving the entire political center of gravity. This forced the ruling LDP party to adopt tougher immigration rhetoric and policies, effectively mainstreaming Sanseito's "Japan first" vision for governance.

Unique Perspectives

Major Insight: The "Bootlegger" Political Vacuum: Mainstream center-left and center-right parties often ignore citizen concerns about immigration and demographic change, inadvertently creating a political vacuum. This vacuum is then filled by "bootleggers"—political outsiders and third parties—who respond to these ignored concerns, eventually forcing mainstream parties to adopt nationalist populist positions to stay in power.

New Cabinet Position for "Harmonious Coexistence": Following her election, Prime Minister Sanaye Takaichi created a new cabinet position: "minister in charge of a society of well-ordered and harmonious coexistence with foreign nationals," appointing Kimi Onoda, educated in America and known for her anti-immigration stance and zero-tolerance policy for illegal foreign activity.

Supporting Evidence

Overwhelming Public Support for Stricter Immigration: Multiple polls in late 2025 showed strong public backing for Japan's tougher stance: 56% believed Japan needed fewer visitors and immigrants, 66% supported Takaichi's policies, 59% opposed foreign labor, and 70% supported raising the bar for Japanese



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citizenship.

Specific Immigration Policy Changes: The 98-page policy package includes a "zero illegal stayers initiative" to deport undocumented residents, doubling state-funded deportations, revoking permanent residency for tax/insurance non-payment (starting 2027), requiring Japanese language proficiency for permanent residency, extending naturalization residency from 5 to 10 years, and significantly increasing business manager visa capital requirements from 5 million to 30 million yen.

Impact on Business Visa Holders: An estimated 96% of current business visa holders will not qualify under the new, stricter rules, which also require a full-time Japanese employee before applying.

Takaichi's Historic Mandate: Sanaye Takaichi's party won an unprecedented two-thirds supermajority in February 2025, giving her the power to alter Japan's constitution, a position no Japanese leader has held in decades.

Thought-Provoking Questions

The Global Implications of Japan's Stance: Given that Japan's actions are presented as part of a "worldwide civilizational awakening," what are the long-term implications for global migration patterns, international relations, and the future of multicultural societies?

Defining "Civilizational Inheritance": Dr. Turley emphasizes nations defending their "civilizational inheritance." How do different nations define this inheritance, and what specific cultural or societal elements are considered non-negotiable in the face of demographic change?

The Amazing Biblical Template of Israel and America

<https://www.youtube.com/watch?v=DWVhuKbfTgs>



By Jonathan Cahn

In this YouTube video Jonathan Cahn presents a deeply detailed and conviction-filled analysis, drawing extensive parallels between ancient Israelite leaders and modern American political figures. He meticulously aligns the reigns, actions, and even specific events of figures like Ahab, Jezebel, Joram, and Jehu with Bill Clinton, Hillary Clinton, Barack Obama, and Donald Trump. This framework leads to a clear conclusion that America is at a critical prophetic crossroads, with the upcoming election determining whether the nation faces judgment or experiences a reprieve for revival. The analysis is presented as a compelling argument for a specific, biblically-informed perspective on current events.

Cahn reveals a "stunningly exact" prophetic template from ancient Israel that he claims mirrors the leaders and events of modern America, particularly concerning Donald Trump and the upcoming election, suggesting a critical crossroads for the nation.

Synopsis of Video

An ancient template from nearly 3,000 years ago is presented as a "stunningly exact revelation" for understanding current and future events, including the mystery of those involved in the coming election.

America is likened to ancient Israel, a nation that knew God but turned away, embracing apostasy, sexual immorality, child sacrifice (abortion), and persecuting the faithful.

The leaders and events of Israel's fall from God are said to match those of America, following ancient prototypes described in the book "The Paradigm."

Bill Clinton is identified as the modern prototype of King Ahab, a divided man who championed Baal worship (child sacrifice and immorality), reigning for 22 years, mirroring Ahab's 22-year reign.



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Hillary Clinton is identified as the modern prototype of Jezebel, Ahab's wife, who sought power, embraced liberal values, warred against traditional values, and was the chief advocate of abortion.

Scandals like Whitewater (involving real estate and the death of Vince Foster, "Keeper of the forest") parallel Ahab and Jezebel's coveting of Naboth's Vineyard (Naboth meaning "fruit," matching the land).

The Lewinsky scandal, leading to Clinton's impeachment, is linked to the tribe of Levi (Lewinsky meaning "from the tribe of Levi"), mirroring Ahab's fall linked to the Levites.

The exposure of Clinton's scandal in January 1998, the 19th year of his national stage presence, precisely matched the timing of Ahab's scandal exposure.

Three years after Clinton's show of repentance, the calamity of September 11th, 2001, occurred, paralleling a calamity befalling Israel three years after Ahab's repentance.

Barack Obama is identified as the modern prototype of King Joram, a younger man who followed the agenda of Ahab and Jezebel, known for hostility to God, biblical values, and Israel, reigning for 12 years, mirroring Joram's 12-year reign.

Major Insight: The phenomenon of Donald Trump is revealed to contain the mystery of Jehu, a warrior who was not a politician but a fighter, wild and unpredictable, who suddenly shook up the status quo, and was used as a vessel of God despite his past.

Jehu was anointed to end the corrupt House of Ahab and Jezebel, just as Trump was seen as putting an end to the "house of Clinton" by defeating Hillary Clinton.

Jehu's furious, "crazy" driving of his chariot to the capital city is paralleled with Donald Trump's "madman" campaign style that nevertheless led to victory.

Trump's rise in 2016 occurred in the 12th year of Obama's (modern Joram's) national stage presence, aligning with Jehu's rising at the end of Joram's 12-year reign.

The confrontation between Trump and Hillary Clinton is likened to Jehu facing Jezebel, with Jezebel looking down on Jehu and calling him "deplorable," but Jehu (Trump) ultimately prevailing against all odds.

A speech at the 2016 Democratic Convention, supporting Hillary

Clinton, repeatedly used the phrase "they threw her down," unknowingly prophesying her political downfall, as found in 2 Kings 9:33 regarding Jezebel.

Hillary Clinton's 22 years on the national stage with her husband and 14 years on her own match Jezebel's timeframes.

Trump's alliance with religious conservatives and choosing Mike Pence (a pious, abstinent conservative) as his running mate parallels Jehu making an alliance with Jonadab.

Trump's presidency saw witches casting spells against him, mirroring Jehu's war against Baal worship and witchcraft.

Trump's efforts to dismantle government support for abortion (child sacrifice) and his appointment of three Supreme Court Justices to overturn Roe v. Wade (the "American Temple of Baal") align with Jehu destroying the Temple of Baal.

The actual Temple of Baal in the Middle East fell two months after Trump began his rise in summer 2015, aligning with the "Jehu Rises, Temple of Baal Falls" paradigm.

The January 6th Capitol assembly and storming are paralleled with Jehu calling for an assembly in the capital city, where 80 people were arrested, matching the "80 men" mentioned in 2 Kings 10:23.

Trump is described as an unlikely, imperfect, mixed, wild, and unpredictable leader, yet the most effective and successful in pro-life causes, recognizing Jerusalem as Israel's capital, and inaugurating the Abraham Accords.

Trump's recent near-assassination attempt, missing him by 2 cm, is connected to Jehu being a warrior and target of physical attack who survived, and also being linked to assassinations of evil rulers.

Cahn titled Trump "Jehu the warrior king" in his 2017 book "The Paradigm," and Trump was publicly referred to as a "Warrior Man" and "pure Warrior" after his 2024 assassination attempt.

The current election is critical, presenting a choice between a path leading to judgment (advocating against God's ways, abortion, mutilation of children, censoring free speech) and a reprieve for revival.

Jehu reigned for 28 years, and if Trump is reelected, his last year in power would be 2028, his 28th year, aligning with this ancient template.





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The rise of Jehu in ancient Israel represented a reprieve and a chance to turn back, and similarly, Trump is seen as a window provided by God for America to turn back, with the ultimate answer being revival through Jesus the Messiah.

Viewers are urged to pray, vote, spread the gospel, and register to vote, emphasizing that individual actions matter for America's future.

Main Arguments of Cahn

Ancient Template for Modern Politics: Jonathan Cahn argues that an almost 3,000-year-old biblical template from the books of First and Second Kings provides a stunningly exact revelation of current American political leaders, past, present, and future, including Donald Trump, Barack Obama, and the Clintons.

America's Spiritual Parallel to Ancient Israel: The video asserts that America, like ancient Israel, has known God but turned away, embracing apostasy, sexual immorality, child sacrifice (abortion), and persecuting believers, setting the stage for leaders who mirror ancient prototypes.

The Election as a Crossroads: The current election is presented as a critical juncture for America, determining whether the nation continues on a path of apostasy leading to judgment or receives a reprieve for a chance at revival, with stark differences between the candidates' stances on core issues like abortion and religious freedom.

Unique Perspectives

Major Insight: The "Warrior King" Prophecy for Trump: Jonathan Cahn's book "The Paradigm" (written in 2017) gave Jehu (Donald Trump's biblical prototype) the title "Jehu the Warrior King." This title was publicly applied to Trump in news and online this summer after an assassination attempt, where his response to "fight" was seen as that of a "Warrior Man" or "Warrior President," aligning with the prophetic title.

Prophetic Downfall of Hillary Clinton: A speech given at the Democratic Convention to nominate Hillary Clinton for president repeatedly used the phrase "they threw her down," which directly links to 2 Kings 9:33, describing the downfall of Jezebel (Hillary Clinton's biblical prototype), effectively prophesying her political defeat against Trump.

The Fall of the Actual Temple of Baal: The video highlights that an actual Temple of Baal, which had stood in the Middle East for 2,000 years, fell to the earth just two months after Donald Trump began his rise to power in the summer of 2015, aligning with the

biblical template where Jehu's rise leads to the fall of the Temple of Baal.

Supporting Evidence

Numerical and Chronological Parallels: The reigns and public life durations of biblical figures precisely match their modern American counterparts: Ahab (22 years) to Bill Clinton (22 years), Joram (12 years) to Barack Obama (12 years), and Jezebel (22 years with husband, 14 on her own) to Hillary Clinton (22 years with husband, 14 on her own).

Scandalous Name Parallels: The Whitewater scandal, involving real estate and the death of Vince Foster (Keeper of the Forest), mirrors Ahab and Jezebel's scandal involving Naboth's vineyard (Naboth means "fruit") and the death of its keeper, with both names matching the land they oversaw.

Lewinsky Scandal and the Tribe of Levi: The Lewinsky scandal, which led to Bill Clinton's impeachment, is linked to the biblical tribe of Levi, as "Lewinsky" means "from the tribe of Levi," paralleling Ahab's fall being linked to the Levites and occurring in his 19th year on the national stage, precisely when the Lewinsky scandal broke in Clinton's 19th year (January 20, 1998).

January 6th and the "80 Men": The January 6th Capitol event, where 80 individuals were arrested for civil unrest, is paralleled with 2 Kings 10:23, which states that Jehu had stationed "80 men" outside the ancient capital temple, suggesting a precise numerical match in the template.

Thought-Provoking Questions

The Role of Free Will in Prophecy: While the ancient template provides a prophetic outline, the video emphasizes that America, its voters, and God's people still possess free will to pray and vote, raising the question of how human choices interact with divine will and potential outcomes.

Trump as a "Window" for Revival: The video posits that Donald Trump, like Jehu, is not "the answer" but rather a "window" provided by God for the nation to turn back, prompting reflection on what true revival entails and how individuals should respond to this opportunity.

Personal Responsibility in National Outcomes: The message stresses that if God's people do not pray or vote, they bear guilt for what happens to the nation, challenging viewers to consider their personal impact on America's future and the call to be "the light of the world."



YouTube Summaries

The Board of Peace Could this be Trump's Third Term?



Dave Hodges presents a Compelling Argument that the "Board of Peace," chaired by Donald Trump, poses a significant threat to American sovereignty and civil liberties. In his latest video, Hodges details how this board, described as a "centralized dictatorship" outside the UN system, grants its chairman sweeping, unchecked authority. Serious concerns are raised about its potential to supersede the US Constitution, its strong Zionist and globalist influences, and the use of American tax dollars for foreign reconstruction. Hodges effectively highlights the dangers of unchecked power, even under a favored leader, and the potential erosion of guaranteed constitutional rights.

Trump may not need a third term because the newly formed "Board of Peace," which he chairs, could grant him dictatorial power over the United Nations and potentially supersede national constitutions.

Summary

The "Board of Peace," is chaired by Donald Trump, with members including JD Vance, Marco Rubio, and Jared Kushner.

Jared Kushner is identified as a Zionist who supports Gaza becoming a resort and "15-minute cities."

Trump signed the board's charter at the 57th World Economic Forum, raising red flags for Hodges due to the WEF's stated agenda.

The Board of Peace's first meeting announced billions in pledges to rebuild Gaza, which Hodges argues should be prioritized for domestic issues like the Los Angeles and Lahaina fires.

Skeptics, including France and the UK, are concerned the initiative could bypass existing multilateral systems and UN organizations.

Inside sources suggest the Board of Peace is intended to rule by administrative default over the United Nations.

The board is described as a "selective coalition of willing states organized outside the UN system" but endorsed by the UN Security Council.

Its governance is an "explicitly centralized dictatorship" with a chairman-centered structure, granting Trump sweeping authority to invite/exclude members, break ties, and approve or veto resolutions.

Hodges questions if this board, acting like a treaty, requires two-thirds approval from the US Senate and if it could supersede the US Constitution.

While Hodges finds Trump preferable to other leaders in this position, he is not comfortable with the inherent power, stating, "power corrupts, absolute power corrupts absolutely."

Trump suggested the board might one day supersede the UN, and Hodges' sources indicate concerns it already has.

Major Insight: Hodges suggests that the Board of Peace could set Trump up as a global leader, effectively making him "king of the world" and negating the need for a third presidential term.

YouTube Summaries



What's Really Happening in America and the World



Financial Crisis Report II

Hodges fears that if Trump, a "MAGA" figure, leads this global governance, it could lessen resistance to such a system among the populace.

Concerns are raised about the strong Zionist influence on the board, including Susie Lyles and Jared Kushner, potentially blunting American interests.

Hodges highlights the absence of Russia, China, and Mexico from the invited member states despite their global significance.

Tony Blair, described as a socialist who "wrecked the economy of the UK" and led the loss of civil liberties, is also involved, raising concerns about the maintenance of US civil liberties.

The bottom line is that Hodges rejects the board's membership, power, and the use of US tax money, fearing it could lead to communitarian law superseding constitutional law.

We will see in two years if Hodges' concern is warranted.

D. Miyoshi



David M. Miyoshi is a California attorney at law with a Martindale-Hubbell AV Preeminent Rating for Attorneys. He earned his Bachelor of Science degree from the University of Southern California, a Juris Doctor degree from the University of California, an MBA degree from Harvard University and an International Graduate degree from Waseda University in Tokyo.

He is Managing Attorney of Miyoshi Law, an International Law Firm where he approaches legal issues through a commercial lens and is a trusted legal and business advisor to his corporate and estate clients. In military service in Vietnam, he led a Combined Action Platoon as an officer in the U.S. Marine Corps and received the Naval Commendation Medal with "Combat V".

He appears in 14 Who's Who publications throughout the world and is listed as a specialist in international business, real estate and estate planning.

Trust and Estate Corner



My clients are always inquiring about wills, trusts and estates. Each publication of *Financial Crisis Report II* (Reporting What's Really Happening in America and the World) will feature a simple factoid on Trusts and Estate Planning. For more information you may consult my website at www.miyoshilaw.com

A trust saves time.

By avoiding potential court delays or judicial interferences, a trust can potentially allow your estate to be settled in a shorter period of time.



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